

January

2019

Young Scholars Learning Academy

Snack Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	31 AM – Cereal Bar & Milk PM –Cheez-Its & Fruit Snacks	1 Closed	2 AM – Graham Crackers & Applesauce PM – Pretzels & String Cheese	3 AM – Tortilla with Jelly & Juice PM – Goldfish & Pineapple	4 AM – Yogurt & Cereal PM – Crackers & Mixed Fruit	5
6	7 AM – Cheerios & Mixed Fruit PM – Carrots w/ Ranch & Crackers	8 AM – Cottage Cheese & Pretzels PM – Veggie Straws & Raisins	9 AM – Life Cereal & Yogurt PM – Chips & Cheese	10 AM – Bread & Jelly PM – Goldfish & Fruit Cocktail	11 AM – Cereal Bar & Milk PM –Cheez-Its & Fruit Snacks	12
13	14 AM – Cereal & Milk PM – Crackers & Cheese	15 AM - Cottage Cheese & Pretzles PM - Pudding & Graham Crackers	16 AM - Cereal Bar & Milk PM - Cheez-Its & Craisins	17 AM – Bagels & Cream Cheese PM – Goldfish & Mixed Fruit	18 AM – Life Cereal & Yogurt PM – Veggie Straws & String Cheese	19
20	21 AM – Yogurt & Cereal PM – Crackers & Mixed Fruit	22 AM – Bread with Jelly & Milk PM – Chips & Cheese	23 AM – Tortilla with Jelly & Juice PM - Goldfish & Pudding	24 AM – Cereal Bar & Milk PM – Applesauce & Graham Crackers	25 AM – Cheerios & Mixed Fruit PM – Carrots w/ Ranch & Crackers	26
27	28 AM – Cottage Cheese & Pretzels PM – Chex Mix & Raisins	29 AM – Tortilla with Jelly & Juice PM – Goldfish & Pineapple	30 AM – Graham Crackers & Applesauce PM – Pretzels & String Cheese	31 AM –Bagels & Cream Cheese PM - Carrots w/ Ranch & Crackers	1 AM – Cereal Bar & Milk PM –Cheez-Its & Fruit Snacks	2